

Come to AAG on National Gymnastics Day September 18th

9:00am-1:00pm

BBQ and Carwash to raise money for the team AAG is participating in for The Light the Night Walk for Leukemia and Lymphoma Society

11:00am-1:00pm

Flu Shot Clinic by the Visiting Nurses Association
\$30 and some insurances accepted

12:00pm-3:00pm

Free Fitness Challenge for Families. See who is the strongest in your family! The balcony will be filled with local health/fitness business with information on how to get your family fit and keep them fit.