



10449 Midwest Industrial Drive
 Saint Louis, MO 63132
 314-426-2496 fax 314-426-1898
 www.allamericangymnastics.net

2007-2008 School Year Class Descriptions

PRESCHOOL PROGRAM

(LS) Little Stars- This is a parent-child class, for children ages 22 months-3 years, which is structured play, focusing on the child's motor skills. *Parent Participation Required
(MS) Mighty Stars- A class designed for 3 & 4 year olds, teaching age appropriate gymnastics, motor skills and listening skills. (Must be potty trained to participate in this class)
(AP) Adv Preschool- A by invitation only class, for girls ages 3 - 4 years old, designed to transition into the team program. Please contact AAG for more information.
(PRE) Preschool- Weekday morning and afternoon preschool gymnastics classes for children ages 3-5 years.

SCHOOL AGE PROGRAM

(RS) Red Stars-A class for 5 year olds, designed to transition children from the Preschool Program to the School Age program.
For children ages 6 years & up:
(WS) White Stars- An introductory class teaching girl's USAG Level 1 gymnastics skills.
(BS) Blue Stars- A class for girls who have mastered all of the White Star skills, teaching girl's USAG Level 1 & 2 gymnastics skills.
(SS) Silver Stars- For girls who have mastered all of the Blue Star skills, teaching girl's USAG Level 2 gymnastics skills.
(GS) Gold Stars- For girls who have master all of the Silver Star skills, teaching girl's USAG Level 3 gymnastics skills.
(10+) 10+ Class- A class for girls ages 10 and up. This class focuses on both beginner and advanced gymnastics skills.
(BOYS) Boys Class- A class for boys teaching basic boys gymnastics skills and conditioning.
(Sup St) Super Stars- A class designed for children with special needs using gymnastics to teach basic motor skills, body & spatial awareness and a positive self esteem. This class has a low student to teacher ratio (6:2).
(PC) Pre Competitive- A by invitation only class, for girls ages 5 and up, designed to transition into the team program. Please contact AAG for more information.

TRAMP & TUMBLING PROGRAM (1st grade & up)

(T&T) Tramp & Tumble- An introductory class, which uses the trampoline, tumble trak, rod floor and spring floor to teach basic tramp and tumble skills.
(T&T2) Tramp & Tumble 2- A class for children who a back handspring on floor, which use the trampoline, tumble trak, rod floor and spring floor to teach advanced tramp and tumble skills.

CLASS RATIO:

10:1- LS, SS, GS, T&T, T&T2
 8:1-WS, BS, BOYS, 10+
 6:1-MS, PRE, RS
 6:2- Sup St

CLASS LENGTH:

ALL CLASSES 55 MINUTES,
 EXCEPT SS, GS, T & T2 ARE 1 HR. 25 MIN. CLASSES.

All American Gymnastics 2007-2008 School Year Schedule

MONDAY

12:00	PRE		
1:00	PRE		
2:00	PRE		
4:00	MS	RS	WS
5:00	RS	WS	BOYS
6:00	MS	RS	BS
7:00	SS	BS	T & T

TUESDAY

10:00	LS	PRE	
11:00	LS	PRE	
12:00	PRE		
1:00	PRE		
2:00	PRE		
3:00	Sup St		
4:00	MS	WS	BOYS
5:00	RS	BS	10+
6:00	MS	WS	BS
7:00	T&T 2	GS	BS

WEDNESDAY

10:00	LS		
11:00	PRE		
12:00	PRE		
1:00	PRE		
2:00	PRE		
4:00	RS	WS	BS
5:00	MS	RS	WS
6:00	WS	BS	BOYS
7:00	SS	10+	BS

THURSDAY

12:00	PRE		
1:00	PRE		
2:00	PRE		
4:00	MS	RS	BS
5:00	MS	WS	BS
6:00	RS	WS	10+
7:00	GS	WS	Sup St

SATURDAY

9:00	LS	MS	RS
10:00	MS	RS	WS
11:00	MS	WS	BS

ALL AMERICAN OFFERS 100% TUITION BACK GUARANTEE: If after your families first session at All American you are not entirely happy with our program we will gladly refund 100% of your tuition for that session. Note our money back guarantee is for families brand new to All American, however existing families with new siblings trying classes for the first time will be extended a credit towards the future session/month.

REGISTRATION INFORMATION SHEET

REGISTRATION INFORMATION

REGISTRATION METHODS: In order to register for class, each gymnast must fill out a registration form and submit full payment (Session tuition and annual registration fee). Registration may be done in person, through the mail or by fax. Due to classes filling quickly, phone and fax registration can only hold the gymnast spot for 1 week without registration form and payment.

SESSIONS: All American offers four 10 week sessions during the school year (August-June) and one summer session (June-August).

PSDD: The PSDD is pre-session due date, which allows active members to re-register for the next session. PSDD invoices will be sent home with the gymnast. If the gymnast is not re-registered by the PSDD our computer system automatically drops them from the program. Their spot is then forfeited and it is not guaranteed that space will be available in the same class, day or time. Any remaining spots after the PSDD will be filled on a first come first serve basis to new and existing members.

2007-2008 School Year Calendar

Session #	PSDD	Start Date	End Date	Dates Closed
1	Open	Aug. 27	Nov 3	Sept 3*, Oct 20* Oct 31* (4pm-8pm)
2	Oct 13 by 12:00 pm	Nov 5	Jan 19	Nov 22*, Dec 24-Dec 29** Dec 31, Jan 1*
3	Dec 22 by 12:00 pm	Jan 21	Mar 29	
4	Mar 8 by 12:00 pm	March 31	June 7	May 26*

*Dates the gym is closed due to holidays or meets, please schedule a make up class. (Sept 3, Oct 20, Oct 31, Nov 22, Dec 31, Jan 1, May 26)

**December 24-Dec 29 is winter break, which is built into the session, no make ups needed. Other closed dates can be made up, please schedule at the front desk.

TUITION PAYMENT INFORMATION

	PRICE	EARLY PAY DISC.*
55 Minutes Gymnastics Class	175	170**
1 Hour 25 Minutes Class	260	255**

*Must be received by the PSDD date/time above. Not available for 1st Session or Summer.

LOOKING TO SAVE SOME MONEY?

ASK ABOUT OUR LOW ENROLLMENT CLASS DISCOUNTS!!

ANNUAL REGISTRATION FEE: Every gymnast is charged an annual registration fee, which due at the time of registration.

1st Child-\$30 2nd Child-\$25 3rd+ Children-\$15

10 % FAMILY DISCOUNT: All American offers 10% off tuition for families with 2 or more siblings enrolled in the program.

25% OFF THE SECOND CLASS: All American offers 25% off price of a class, if a gymnast should choose to take more than one class.

RULES AND REGULATIONS

RELEASE FORMS: In order to participate in any of All American Gymnastics Programs, every gymnast ***must have a parent signed release form.*** **Participation in class will not be allowed without a release form.**

MAKE UPS/MISSED CLASSES: All American Gymnastics allows missed classes to be made up in classes with low enrollment or in extra practice time. **Make ups in class must be scheduled with our office one week in advance; no walk-ins will be allowed to participate. You have 1 month from the date of the missed class to make up a class. Make ups are not transferable to other children/siblings or for credit towards the next session.**

REFUNDS: All American does not offer refunds for dropping or missing class. Once the session has begun you are in the class for its entirety. (Exception: Medical excuses-All American will offer a credit to your account if a medical situation arise that limits the gymnast from participating in class. A physician's note will be required.)

CLASS CHANGES: All American reserves the right to cancel or change a class when needed due to low enrollment. In this case you will be asked to choose an alternative class.

FREE TRIAL CLASS: All American offers a free trial class to gymnasts new to our program. This offer is not available to gymnasts who have previously been enrolled in classes at All American Gymnastics.

INCLEMENT WEATHER: In the event of inclement weather, please call the gym or check our website to find out if classes are cancelled. Morning/afternoon classes will be cancelled by 8:00 am and evening classes will be cancelled by 2:00 pm.

PRIVATE LESSONS: Call our office or stop by the front desk to schedule a private lesson with the coach of your choice. Private lessons are only available to gymnasts who are enrolled in classes at All American or children who are needing cheerleading, boys' team or special needs privates. All participants must fill out a registration form and pay an annual registration form.

LOW ENROLLMENT DISCOUNT CLASSES: If you are looking to save some money, ask about our special low enrollment discount classes. We need to fill all of our classes, even those hard to fill times, so we are offering these specific classes at discounted price in order to fill them. They will be announced 1 week after the start of the session.

PAYMENT METHODS: All American accepts cash, money orders, Visa, MasterCard and Discover. **NO PERSONAL CHECKS ACCEPTED.**



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