

CALENDAR & PRICING

Session	Early Pay Disc Date	Start Date	End Date	Dates Closed
SUMMER 8 weeks	5/16	6/15	8/8	7/4*
SUMMER Part 1	5/16	6/15	7/11	7/4*
SUMMER Part 2	5/16	7/13	8/8	none

SESSIONS: All American offers five 8 week sessions during the school year (August-June) and one summer session (June-August).

REGISTRATION METHODS: In order to register for class, each gymnast must fill out a registration form and submit full payment (Session tuition and annual registration fee). Registration may be done in person, through the mail or by fax. Due to classes filling quickly, we will not be able to hold spots.

ANNUAL REGISTRATION FEE: Every gymnast is charged a registration fee.

1st child- \$35 Family (2+)-\$50

TYPE OF CLASS	PRICE	EARLY PAY DISC.*
55 Minutes Class for Summer 8 week session	\$120	\$100
1 Hour 25 Minutes Class for Summer 8 week session	\$160	\$140
55 Minute Class for Summer 4 week session	\$70	\$60
1 Hour 25 Minute Class for Summer 4 week session	\$104	\$80

*Early Pay Discount for summer is good until 5/15/09. This discount cannot be combined with any other discount or special offer. This includes the sibling discount.

AAG offers a 10% sibling discount!

RULES & REGULATIONS

RELEASE FORMS: In order to participate in any of All American Gymnastics Programs, every gymnast **must have a parent signed release form.** Participation in class will not be allowed without a release form.

PAYMENT METHODS: All American accepts cash, money orders, Visa, MasterCard and Discover. NO PERSONAL CHECKS ACCEPTED.

MAKE UPS/MISSED CLASSES: All American Gymnastics allows missed classes to be made up in classes with low enrollment. Make ups in class must be scheduled with our office one week in advance; no walk-ins will be allowed to participate. You have 1 month from the date of the missed class to make up a class. Make ups are not transferable to other children/siblings or for credit towards the next session.

REFUNDS: All American does not offer refunds for dropping or missing class. Once the session has begun you are in the class for its entirety. (Exception: Medical excuses-All American will offer a credit to your account if a medical situation arise that limits the gymnast from participating in class. A physician's note will be required.)

CLASS CHANGES: All American reserves the right to cancel or change a class when needed due to low enrollment or instructor changes. In this case you will be asked to choose an alternative class. NO REFUNDS/ CREDITS WILL BE GIVEN.

FREE TRIAL CLASS: All American offers a free trial class to gymnasts new to our program. This offer is not available to gymnasts who have previously been enrolled in classes at All American Gymnastics.

PRIVATE LESSONS: Call our office or stop by the front desk to schedule a private lesson with the coach of your choice. Private lessons are only available to gymnasts who are enrolled in classes at All American or children who are needing cheerleading, boys' team or special needs privates. All participants must fill out a registration form and pay an annual registration form.

INCLEMENT WEATHER: In the event of inclement weather, please call the gym or check our website to find out if classes are cancelled. Morning/afternoon classes will be cancelled by 8:00 am and evening classes will be cancelled by 2:00 pm.

All American Gymnastics Contact Information:

Email: info@allamericangymnastics.net

Phone: 314-426-2496

Fax: 314-426-1898

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A Place For Learning, Fitness and Fun!
www.allamericangymnastics.net



CLASS DESCRIPTIONS

PRESCHOOL PROGRAM

(LS) Little Stars- This is a parent-child class, for children ages 22 months-3 years, which is structured play, focusing on the child's motor skills.

*Parent Participation Required

(FAM) Family Class- This is a class for children ages 22 months-Pre K, which is structured play, focusing on the child's motor skills. This allows for families to get all of their younger children in class at the same time. *Parent Participation Required for children ages 22 months-3 years.

(PRE) Preschool- Weekday morning and afternoon preschool gymnastics classes for children ages 3-5 years. (Must be potty trained to participate)

SCHOOL AGE PROGRAM

(RS) Red Stars- A class for 5 year olds, designed to transition children from the Preschool Program to the School Age program.

For children ages 6 years & up:

(WS) White Stars- An introductory class teaching girl's USAG Level 1 gymnastics skills.

(BS) Blue Stars- A class for girls who have mastered all of the White Star skills, teaching girl's USAG Level 1 & 2 gymnastics skills.

(SS) Silver Stars- For girls who have mastered all of the Blue Star skills, teaching girl's USAG Level 2 gymnastics skills.

(GS) Gold Stars- For girls who have mastered all of the Silver Star skills, teaching girl's USAG Level 3 gymnastics skills.

(BOYS) Boys Class- A class for boys teaching basic boys gymnastics skills and conditioning.

(Sup St) Super Stars- A class designed for children with special needs using gymnastics to teach basic motor skills, body & spatial awareness and a positive self esteem. This class has a low student to teacher ratio (3:1).

TRAMP & TUMBLING PROGRAM (1st grade & up)(T&T)

Tramp & Tumble- An introductory class, which uses the trampoline, tumble trak, rod floor and spring floor to teach basic tramp and tumble skills.

(T&T2) Tramp & Tumble 2- A class for children who back handspring on floor, which use the trampoline, tumble trak, rod floor and spring floor to teach advanced tramp and tumble skills.

CLASS RATIO:
 10:1- LS, SS, GS, T&T, T&T2
 8:1-RS, WS, BS, BOYS, 10+
 6:1-MS, PRE
 6:2- Sup St

CLASS LENGTH:
 ALL CLASSES 55 MINUTES,
 EXCEPT SS/GS ARE 1 HR. 25 MIN. CLASSES.

CLASS SCHEDULE

MONDAY

3:30	PRE	WS/BS
4:30	RS/WS	TT
5:30	PRE	BOYS
6:30	SS/GS	10+

TUESDAY

9:30	FAM	RS/WS
10:30	PRE	WS/BS
11:30	RS/WS	BOYS
12:30	PRE	WS/BS
1:30	WS/BS	TT
2:30	PRE	Sup St
3:30	PRE	RS/WS
4:30	WS/BS	BOYS
5:30	RS/WS	10+
6:30	PRE	WS/BS

WEDNESDAY

3:00	RS/WS	BOYS
4:00	PRE	WS/BS
5:00	FAM	WS/BS
6:00	Sup St	T&T 2

SATURDAY

9:00	FAM	WS/BS
10:00	PRE	RS/WS
11:00	PRE	WS/BS

DON'T SEE A TIME THAT WORKS FOR YOUR FAMILY OR FRIENDS? CALL US AND WE CAN TRY TO START A CLASS FOR YOU!