

# **AAG Super Star Classes**

Super Stars is a 55 minute class designed for children 4 years & up, with special needs. These classes focus on the areas of balance, motor skills, body & spatial awareness, positive self-esteem as well as cooperation and socialization.

Gymnastics equipment, music, strength and movement exercises will be used in both individual and group activities. This will allow for an acceptable balance between modifying skills to meet the needs of each individual and working in a group to create a challenge.

This class will have a 6 to 2, student to teacher ratio. Parent participation may be required and is up to the discretion of the instructors.

It is required to set up a time to meet with one of the instructors prior to participating in the class. The meeting will only take about 15 minutes and allows for you and your child to meet an instructor, tour the gym and ask any questions you may have about the class or gym.

## **Super Star Instructors:**

Barb Bledsoe, has over 30 years of coaching/teaching experience combined with years as a competitive club & collegiate gymnast. Barb has a degree in Early Childhood Education which she received from Webster University.

Mike Darling, has over 20 years of coaching/teaching experience. He has experience in both men's and women's gymnastics. Mike has a degree in Psychology & Early Childhood Education from Washington University.

Both Barb & Mike have years of experience working with children with special needs in both a one on one (in a private lesson) and class setting.

## **2007 School Year Information**

Session 2 (November 5th-January 19th)

Tuesday 3:00PM or Thursday 7:00PM

Yearly Registration Fee: \$30

10 week tuition : \$175

If the times/days do not work for your group, we would be happy to try to start one that works with your schedule.

A minimum of 2 children are needed to start a class.

For more information on our payment policies and rules/regulations please see our full school year schedule.

**ALL AMERICAN GYMNASTICS  
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